



## GETTING STARTED

I enjoy working with employers.  
I enjoy solving problems



- Ergonomic Evaluation Certification Program
- Post Offer Employment Testing
- Office Ergonomics Certification Program
- Developing Onsite Wellness and Prevention Programs

I have/work in a thriving rehabilitation practice or department



- Developing and Implementing Successful Work Hardening and Work Conditioning Programs
- Job Site Analysis

I perform FCE's and want to expand my practice

I perform WH/WC services and/or Job Site analysis and want to expand my services

I am certified and want to expand my skill level



- Advanced Ergonomic Specialty Topics
- Cognitive Task Analysis
- Job Analysis

I am certified and want to expand my skill level



- Cognitive Functional Capacity Evaluation
- Future Cost of Care/Life Care Planning
- Advanced FCE
- MED Legal

- Ergonomic Evaluation Certification Program
- Office Ergonomics Certification Program
- Post Offer Employment Testing



- Developing and Implementing Successful Work Hardening and Work Conditioning Programs
- Job Site Analysis



- Office Ergonomics Certification Program
- Ergonomic Evaluation Certification Program
- Post Offer Employment Testing
- Developing Onsite Wellness and Prevention Programs



- Functional Capacity Evaluation Certification Program
- Cognitive Functional Capacity Evaluation
- Future Cost of Care/Life Care Planning

## **Choose Your Track to Success with Matheson Training Tracks**

Picture that Karen found last fall of train tracks

As a world renowned educator in the field of Prevention and Occupational Rehabilitation one of the questions we frequently receive is “where do I start my learning process in this specialty?”.

To assist our students and alumni to clarify their path we developed Training Tracks to illustrate which courses fit together to give you the most comprehensive plan for your professional and business development in this specialized field.

### **Track 1 – Prevention and Wellness –**

Track 1 is focused on the services provided to prevent injuries and assist employers to reduce injury and associated costs. This training track is the perfect starting point for many types of professionals.

#### **Professionals frequently trained in this specialty :**

**Health and Safety**

**Human Resources**

**Physical Therapists**

**Physical Therapy Assistants**

**Occupational Therapists**

**Occupational Therapy Assistants**

**Athletic Trainers**

**Occupational Health Nurses**

**Chiropractors**

**Nurse Case Managers**

**Insurance Specialists**

**Department or line supervisors or managers**

**Ergonomics professionals**

**Kinesiotherapists**

## **Track 2 – Evaluation –**

Track 2 is focused on services which are related to the assessment of the injured employee. More medically focused, this is a natural addition to most health care practices that desire diversification in product lines and reimbursement opportunities.

### **Professionals frequently trained in this specialty:**

**Occupational Therapists**

**Occupational Therapy Assistants**

**Physical Therapists**

**Physical Therapy Assistants**

**Athletic Trainers**

**Kinesiotherapists**

**Nurses**

**Physicians**

**Chiropractors**

## **Track 3 – Return to Work –**

Track 3 is focused on those services related to returning an injured individual to work or function. Often times referred to as Work Specific Rehabilitation. This specialty area teaches the provider how to develop and implement specialized rehabilitation to maximize an individual's capacity with real work tasks and function.

### **Professionals frequently trained in this specialty :**

**Occupational Therapists**

**Occupational Therapy Assistants**

**Physical Therapists**

**Physical Therapy Assistants**

**Athletic Trainers**

**Kinesiotherapists**

#### **Track 4 – Specialty/Mastery Series –**

Track 4 is designed for the student interested in more focused training or a specialty area of education. These courses are for the student with some experience in the areas of Prevention and/or Occupational Rehabilitation. Some courses require pre-requisites others are meant to help you achieve the next level in your area of interest.